

A DAY IN RECUPERATIVE CARE



Breakfast is served between **6 a.m. - 7 a.m.**

Medication is Prompted and Received: The SAWC Operations Specialist prompts prescribed medication and gives access to RCC Med Closet



Packard Health nurses visit each client at least 2 hours a day, **Monday - Friday**

Clients will have access to specialists, primary care, and other medical appointments including visiting home health nursing.

- ✓ Treatment planning
- ✓ Reviewing medical goals
- ✓ Patient education

RCC clients may visit the Packard Health clinic for primary care at the Delonis Center:

Including: Self-management of condition, use of medical equipment, medication and pain management

Monday - Thursday
8 a.m. - 12 p.m.



Wednesday
1 p.m. - 5 p.m.



Lunch is served daily from **12 p.m. - 1 p.m.**

LUNCH

Clients are welcome to join Delonis Center activities throughout the week. These include but are not limited to yoga, meditation, and ArtBreak Studio

Clients also have access to computers, board games, and time to socialize



Meetings with the SAWC Case Management

Include access to: Medical Case Manager to help connect with health resources and in home supports for future housing

Housing Case Manager to work toward creating a housing plan, apply for subsidized housing, voucher lists and savings plan



DINNER



Dinner is provided from **5:30 p.m. - 6:30 p.m.**

Clients can access basic need services at the Delonis Center in the afternoon and evening

- ✓ Showers
- ✓ Laundry
- ✓ Mail

Evening Quiet Time

SAWC Operations Specialist reminds RCC client of next day appointments and nursing schedules



For more information, contact our RCC Outreach Coordinator, Shannon Gillroy by phone at 734-662-2829 ext.231